

Dr Catherine Calderwood - Chief Medical Officer for Scotland



Catherine Calderwood MA Cantab. MBChB FRCOG FRCP Edin Hon FRCP(Glasg)

Catherine Calderwood has been the Chief Medical Officer for Scotland since 2015.

Catherine qualified from Cambridge and Glasgow Universities and continues to work as an obstetrician at a regular antenatal clinic at the Royal Infirmary of Edinburgh. As a junior doctor she worked in medical specialities in Glasgow Royal Infirmary and at the Royal Infirmary of Edinburgh before completing her specialist training in obstetrics and gynaecology and maternal medicine in SE Scotland and St Thomas' Hospital London.

As a medical adviser to the Scottish Government she was instrumental in the work which has led to a 20% reduction in the number of stillbirths across Scotland. She continues to support this work and the work in reducing neonatal deaths and avoidable harm in maternity services. She has overseen the development of a Major Trauma Network for Scotland. She is Chair of the Taskforce for the Improvement of Services for Victims of Rape and Sexual Assault, the Committee on Antimicrobial Resistance in Scotland and the Scottish Global Health Collaborative and is a member of the Advisory Council on Women and Girls. She has published physical activity guidelines for babies and children, pregnant women and adults and low risk drinking guidelines along with the Chief Medical Officers in England, Wales and Northern Ireland.

She is responsible for the Health Promoting Health Service initiative which aims to tackle health inequalities and improve health across the population of Scotland and is leading work to improve the health of those working in the public sector specifically NHS and civil service staff

Catherine has published two annual reports on *Realistic Medicine*. Realistic Medicine puts the person receiving health and care at the centre of decision-making and creates a personalised approach to their care. Her second report published in February 2017 builds on the first report by setting out a vision and priorities: showcasing international and national multi-professional support from clinicians, leaders from medicine and public health and stakeholders from a wide group of organisations. These reports have been universally well received

and read by millions of people across the world. The reports also recognize the importance of valuing and supporting staff as vital to improving outcomes for the people in their care. Her third annual report will be published in February 2018.

You can follow Catherine on Twitter **@cathcalderwood1**

Linked in <https://www.linkedin.com/in/catherine-calderwood-691979108>

Realistic Medicine <http://www.gov.scot/cmooannualreport201415>

Realising Realistic Medicine <http://www.gov.scot/Publications/2017/02/3336>