

### **Train the Trainer**

### Leadership Development Programme

We have combined the key skills sought from people managers in this series of 4 modules and lay out the foundation of building and strengthening these skills.

These modules are suitable for current and aspiring management team members (including newly promoted leaders) in support/operational roles who are looking to refresh their knowledge and grow their confidence in people management.

Each 1½hr module is designed to provide a sustained online learning programme which includes a breakout to consider case scenarios alongside colleagues from the sector.

MODULE 1 - MANAGEMENT & LEADERSHIP

**MODULE 2 – COMMUNICATION SKILLS** 

**MODULE 3 – MANAGING SUSTAINED PERFORMANCE** 

**MODULE 4 – SUSTAINED PERFORMANCE AND DEVELOPMENT** 

# MODULE 1 – MANAGEMENT & LEADERSHIP 22 September

#### **Contents**

- Comparing Management and Leadership
- Leadership styles
  - → Directional
  - → Non Directional

#### As a result, you will benefit from:

- Understanding different styles of leadership
- Developing your leadership style
- How to get the best out of your team

# MODULE 2 – COMMUNICATIONS 5 October

#### Contents

- Communication skills
  - → Planning and landing messages
  - → Body language
  - → Listening skills
- Effective meetings

- Difficult conversations
  - → Conflict Management
  - → Mediation

The role of the Follower

Influencing

- → Setting boundaries
- Delegation
  - → Assigning and Enabling
  - → Empowering

#### As a result, you will:

- Increase your communication skill set particularly surrounding change management processes
- Have increased confidence in handling difficult conversations and setting boundaries
- Successfully delegate to lead to empowerment



### **Train the Trainer**

### MODULE 3 – MANAGING SUSTAINED PERFORMANCE 2 November

#### Contents

- Building Trust
- Encouraging Positive Performance by SMART Objectives
- Evaluating success

- Coaching models how and when to use them.
  - → GROW
  - → OSKAR
  - → CLEAR

As a result, you will gain 'know how' of:

- How to have a positive impact on professional development
- Operating solutions focused coaching models.
- How to support, sustain and evaluate performance

# MODULE 4 – CULTURE AND EMPLOYMENT RELATIONS 24 November

#### **Contents**

- Aligning to the Equality Act
- Banter, Bullying, Victimisation and Harassment
- Progressing a diverse and inclusive culture
- Effective handling
  - → Discipline
  - → Grievance

As a result, you will obtain knowledge of:

- How to reduce likelihood of Dignity at Work claims
- Holding and resolving disputes through informal and formal processes
- How to plan and lead an inclusive strategy